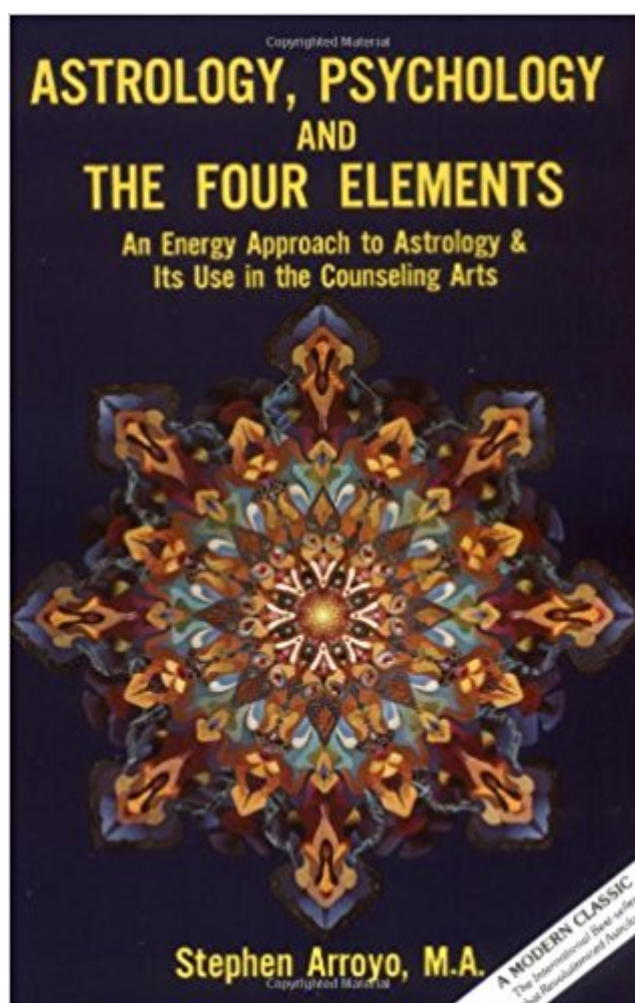


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# Astrology, Psychology, And The Four Elements: An Energy Approach To Astrology And Its Use In The Counseling Arts



## Synopsis

*Astrology, Psychology and the Four Elements* by Stephen Arroyo, a recognized classic in modern astrology, is truly a pioneering book in the field of astrology. It establishes a new science of astrological psychology. Arroyo presents a language of energy that has enabled astrology to be widely and reliably used in the helping professions as well as by the general public. As *Library Journal* stated, "Transcending the boundaries of separate disciplines, this work represents a major distillation of astrological principles." This book relates astrology to modern psychology and explains the use of astrology as a practical method of understanding one's attunement to universal forces. It clearly shows how to approach astrology with a real understanding of the energies involved, and it includes practical instruction in the interpretation of astrological factors with more depth than is commonly found in astrological textbooks. It was awarded the Astrology Prize by the British Astrological Association.

## Book Information

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## Customer Reviews

Stephen Arroyo (born October 6, 1946 in Kansas City, Missouri) is an American author and astrologer. Arroyo has written seven books on psychologically oriented astrology which outline his theory that the individual's experience of the Solar System's impacts on their personal energy field, both psychological and physical. His works recast astrological concepts in psychological terms, and reject what he perceives as the fatalism and negativity of old-fashioned astrology. His books have now been translated into 20 languages. Regarding his written works, the *Library Journal* stated: "The simplicity and clarity of his treatment of complex ideas is remarkable; it makes accessible even

to the beginner a wealth of understanding. — giving meaningful psychological grounding to astrological interpretation. [citation needed] Arroyo has been guest speaker at events in the North America and Europe, and has taught astrology courses in the United States. He has been awarded the British Astrological Association Astrology Prize, the Fraternity of Canadian Astrologers' International Sun Award, and the United Astrology Congress's Regulus Award. He has an honors degree in literature from the University of California and a Masters Degree in Psychology. Previous occupations include marriage counseling, and the practice of a homeopathy and polarity therapy.

*Astrology, Psychology, and the Four Elements* is a great astrology book, an all-time classic. Author-astrologer Stephen Arroyo is a gifted writer, but what really stands out in this book is his ability to succinctly describe the essential (or energetic) meanings of the elements, signs, and houses. His keyword descriptions are very helpful for chart interpretation. Arroyo's elemental-energetic paradigm catapulted astro-psychology to a new level. It is an elegant framework, based on energy, that will elevate your understanding of astrology and improve your chart readings.

Simply, this book is a necessity for anyone who takes Psychological Astrology seriously. Arroyo presents a broader view of Astrology than usual, by viewing it as a whole - a part of everything, a system of interconnected parts- and yet at the same time this book manages to take such a vast all-encompassing concept and present it in a way that's easy to grasp, understand, and most importantly, use. Arroyo always enlightens, and this book is essential for beginning and advanced students of astrology. You will view the world differently.

Love this book! Originally receive as a gift last xmas. loaned it to someone and didn't get it back, so I had to replace it. Love the way astrology is describe in this book.

Not cookbook astrology. Arroyo is one of the best out there.

Steven Arroyo is one of my favorite astrologers and this is one of my favorite books. I believe you can pretty much 'do it' with the elements alone and this book will tell you how we express ourselves by the elemental makeup of our planets, signs and houses. A must have for any astrologer.

This book is not as good as I'd hoped, but I had better clarify as to why I feel this way. I should have

read it when I was still a novice astrologer. It is the definitive bridge between beginning and intermediate astrology: those of us who have gotten our planetary and elemental attributions down have begun to see the bigger picture, which is that astrology and psychology are linked whether one cares to admit it or not. I think I was hoping for more because of how I've been viewing astrology for some time. However to see just the title of this book is sort of already saying what we want to hear, what has been swimming in circles in the mind. And this is why you should read this book as soon as astrology captures your heart and not a moment later. You can feel content to hold up your head even when people at the dinner table are spewing madly about what a crock of crap astrology is. I'd like to hear more about what happens when astrologers are in the big chair in the counseling office.

A definitely good introductory book for anyone considering a serious study of astrology. It grounds the reader by both validating astrology as a form of universal understanding and providing a comprehensive and simple four element explanation. This will make understanding the subsequent elements and points in astrological interpretation much easier. It has a "general to specific" approach which aids in making accurate interpretations. This is not a book for the lightly interested or if you prefer the "magazine column" sort of astrology.

Stephen Arroyo is a master at showing how astrology is relevant in every phase of our lives. His books have been favorites of mine since I began studying astrology back in the late 70's. I would buy any book by this author that still exists, as he has a knowledge and insight into the subject that many astrologers lack.

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